

## **A Way to Live**

Sometimes something goes awry. A mistake is made. Some things cannot be undone. Worrying, fretting, something needing repairs which are beyond repair. .

The soul is being controlled by the world of "If Only".  
Often blaming others, "If Only you had not done that." "If Only ...".

Is "If Only" solving the problem? Is it living in the present?  
Does living in the "If Only" world make one happy or solve anything?

There is another way. Learning from mistakes but moving on.  
Shaking it off and looking ahead. Accepting the present and stepping forward.

Introducing "Next Time". A way to correct and grow forward.  
Knowing that growth is full of failures, taking a chance that it will not happen again.

Hope springs eternal and it begins with shunning "If Only".  
Restart by devoting to a lifetime of "Next Times".