

Visions

Surely, we all have them.

It takes a while to bring them forward.

small bits of subconscious memories,

pictures of places you have been,

hanging around in the cellars of your mind.

Can you stop occasionally?

when your conscious brain takes a breath?

Can you capture these visions from your past?

Can you bring them forward,

one at a time?

These jewels might be pictures, images,

of where you were in your young lives.

Perhaps they are of a backyard,

a side yard, a fence in the alleyway

you used to jump to get home.

A place forever stamped in your mind.

Look for these hidden thoughts and memories.

Realize them for what they are

Bring them forward, label them,

and look for more.